

**Fruit and Veggie Bags**


Order due February 5<sup>th</sup>  
Delivery February 12<sup>th</sup>

**R.E.A.C.H. CALENDAR OF EVENTS**

# February 2026

**Mental Health R.E.A.C.H. Centre**

Cell Phone: (506) 998-1665

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>Centre Closed</b>	3 <b>SIGN-UP DAY</b> 9-12 Drop-in 10-12 Book Club 1-3 <b>Bingo \$3</b>	4 9-12 Drop in 10-12 R/K/C 1-3 Junk Journal/Diamond Dotz	5 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping	6 10-12 Nutrition & Me Centre Closed at 12 <b>Chicken Curry and Jell-o Dump Cake</b>
9 <b>Centre Closed</b>	10 9-12 Drop-in 10-12 Book Club 1-3 <b>Brighter Days Craft</b>	11 9-12 Drop in 10-12 R/K/C 1-3 Sharing Circle	12 9-12 Drop-in 10-12 Art Class 1-3 <b>Cupid Shuffle \$3</b>	13 10-12 Nutrition & Me Centre Closed at 12 <b>Tofu Stir Fry and Banana Splits</b>
16 <b>Centre Closed</b>	17 <b>Pancake Tuesday \$3</b> 9-12 Drop-in 10-12 Book Club 1-3 Calendar Planning	18 9-12 Drop in 10-12 R/K/C 1-3 Junk Journal/Diamond Dotz	19 9-12 Drop-in 10-12 Art Class 1-3 Board Game Afternoon	20 10-12 Nutrition & Me Centre Closed at 12 <b>Beef Stroganoff and Oven S'mores</b>
23 <b>Centre Closed</b>	24 9-12 Drop-in 10-12 Book Club 1-3 Movie	25 9-12 Drop in 10-12 R/K/C 1-3 Sharing Circle	26 9-12 Drop-in 10-12 Art Class 1-3 <b>Bingo \$3</b>	27 10-12 Nutrition & Me Centre Closed at 12 <b>Breakfast Brunch</b>
For more info on our Brighter Days Art Gallery, please check our social media!			IF SCHOOLS ARE CLOSED DUE TO WEATHER, R.E.A.C.H. PROGRAMMING IS CANCELLED	MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.