

Fruit and Veggie Bags

Order due February 5th
Delivery February 12th

R.E.A.C.H. CALENDAR OF EVENTS**February 2026****Mental Health R.E.A.C.H. Centre**

Cell Phone: (506) 998-1665

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Centre Closed	3 SIGN-UP DAY 9-12 Drop-in 10-12 Book Club 1-3 Bingo \$3	4 9-12 Drop in 10-12 R/K/C 1-3 Junk Journal/Diamond Dotz	5 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping	6 10-12 Nutrition & Me Centre Closed at 12 Chicken Curry and Jell-o Dump Cake
9 Centre Closed	10 9-12 Drop-in 10-12 Book Club 1-3 Brighter Days Craft	11 9-12 Drop in 10-12 R/K/C 1-3 Sharing Circle	12 9-12 Drop-in 10-12 Art Class 1-3 Cupid Shuffle \$3	13 10-12 Nutrition & Me Centre Closed at 12 Tofu Stir Fry and Banana Splits
16 Centre Closed	17 Pancake Tuesday \$3 9-12 Drop-in 10-12 Book Club 1-3 Calendar Planning	18 9-12 Drop in 10-12 R/K/C 1-3 Junk Journal/Diamond Dotz	19 9-12 Drop-in 10-12 Art Class 1-3 Board Game Afternoon	20 10-12 Nutrition & Me Centre Closed at 12 Beef Stroganoff and Oven S'mores
23 Centre Closed	24 9-12 Drop-in 10-12 Book Club 1-3 Movie	25 9-12 Drop in 10-12 R/K/C 1-3 Sharing Circle	26 9-12 Drop-in 10-12 Art Class 1-3 Bingo \$3	27 10-12 Nutrition & Me Centre Closed at 12 Breakfast Brunch
For more info on our Brighter Days Art Gallery, please check our social media!		 Mental Health R.E.A.C.H. Centre RESOURCES-EDUCATION-ACTIVITIES-CONNECTIONS-HELP	IF SCHOOLS ARE CLOSED DUE TO WEATHER, R.E.A.C.H. PROGRAMMING IS CANCELLED	MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.