

**Fruit and Veggie Bags**

Order due January 1<sup>st</sup>  
Delivery January 8<sup>th</sup>

**R.E.A.C.H. CALENDAR OF EVENTS****January 2026****Mental Health R.E.A.C.H. Centre**

Cell Phone: (506) 998-1665



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>IF SCHOOLS ARE CLOSED DUE TO WEATHER, R.E.A.C.H. PROGRAMMING IS CANCELLED</b>	<b>MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.</b>	<b>1</b> <b>Centre Closed (Happy New Year!)</b> 	<b>2</b> <b>Centre Closed</b>
<b>5</b> <b>Centre Closed</b>	<b>6 SIGN-UP DAY</b> 9-12 Drop-in 10-12 Book Club 1-3 <b>Bingo \$3</b>	7 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	8 9-12 Drop-in 10-12 Art Class <b>1-3 Thrift Store Shopping</b>	9 9:30-12 Nutrition & Me <b>Chicken Balls and Fried Rice</b> <b>Blueberry Pudding</b> Centre Closed at 12
<b>12</b> <b>Centre Closed</b>	<b>13</b> 9-12 Drop-in 10-12 Book Club 1-3 New Year's Craft	<b>14</b> 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	<b>15</b> 9-12 Drop-in 10-12 Art Class <b>1-3 Bingo \$3</b>	<b>16</b> 9:30-12 Nutrition & Me <b>Stuffed Peppers and Peanut Butter Squares</b> Centre Closed at 12
<b>19</b> <b>Centre Closed</b>	<b>20</b> 9-12 Drop-in 10-12 Book Club 1-3 Calendar Planning/Open Afternoon	<b>21</b> 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	<b>22</b> 9-12 Drop-in 10-12 Art Class <b>1-3 Cat Café \$3</b>	<b>23</b> 9:30-12 Nutrition & Me <b>Taco Tuesday (on Friday)</b> <b>Nanaimo Bars</b> Centre Closed at 12
<b>26</b> <b>Centre Closed</b>	<b>27</b> 9-12 Drop-in 10-12 Book Club 1-3 Movie	<b>28</b> 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	<b>29</b> 9-12 Drop-in 10-12 Art Class 1-3 Farkle Afternoon	<b>30</b> 9:30-12 Nutrition & Me <b>Poutine and Tapioca Pudding</b> Centre Closed at 12