

Fruit and Veggie Bags



Order due January 1st
Delivery January 8th

R.E.A.C.H. CALENDAR OF EVENTS

January 2026

Mental Health R.E.A.C.H. Centre

Cell Phone: (506) 998-1665

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	IF SCHOOLS ARE CLOSED DUE TO WEATHER, R.E.A.C.H. PROGRAMMING IS CANCELLED	MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.	1 Centre Closed (Happy New Year!) 	2 Centre Closed
5 Centre Closed	6 SIGN-UP DAY 9-12 Drop-in 10-12 Book Club 1-3 Bingo \$3	7 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	8 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping	9 9:30-12 Nutrition & Me Chicken Balls and Fried Rice Blueberry Pudding Centre Closed at 12
12 Centre Closed	13 9-12 Drop-in 10-12 Book Club 1-3 New Year's Craft	14 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	15 9-12 Drop-in 10-12 Art Class 1-3 Bingo \$3	16 9:30-12 Nutrition & Me Stuffed Peppers and Peanut Butter Squares Centre Closed at 12
19 Centre Closed	20 9-12 Drop-in 10-12 Book Club 1-3 Calendar Planning/Open Afternoon	21 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	22 9-12 Drop-in 10-12 Art Class 1-3 Cat Café \$3	23 9:30-12 Nutrition & Me Taco Tuesday (on Friday) Nanaimo Bars Centre Closed at 12
26 Centre Closed	27 9-12 Drop-in 10-12 Book Club 1-3 Movie	28 9-12 Drop-in 10-12 R/K/C 1-3 Sharing Circle	29 9-12 Drop-in 10-12 Art Class 1-3 Farkle Afternoon	30 9:30-12 Nutrition & Me Poutine and Tapioca Pudding Centre Closed at 12