

Caregiver's Group

FREDERICTON/OROMOCTO

- Currently operating remotely



CAPITAL REGION
MENTAL HEALTH & ADDICTIONS

This is a support group for caregivers of individuals who may be experiencing mental health barriers and/or addictions issues. Opportunities will be provided to share your experiences as a caregiver, whether you are a friend or family member, and mutually support one another. A trained facilitator will be present to guide conversation, prepare material, and to provide resources to group participants.

*Meetings will be held virtually on
the third Thursday of each month
6:30 PM - 8:00 PM*

*To register please contact us
Phone: 458-1803
Email: office@crmhaa.ca*



United Way / Centraide
Central NB / Région du centre du N.-B. Inc.

Canada