



CAPITAL REGION
MENTAL HEALTH & ADDICTIONS

Suicide Bereavement Group

Have you or someone you know suffered a loss due to suicide? Bereavement is a state of intense grief and we are offering a 6 week support group to help. There is no need to go through it alone.

A 6 week support group
Every Thursday at 6:30
From September 19th to October 24th

Contact us to register
Phone: 506-458-1803
www.crmhaa.ca
Email: amber.flynn@crmhaa.ca

Suicide Bereavement Group
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