

Fruit and Veggie Bags

Order due November 7th
Delivery November 14th


R.E.A.C.H. CALENDAR OF EVENTS

November 2024

Mental Health R.E.A.C.H. Centre

Reception: (506) 452-2753

Cell Phone: (506) 998-1665

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.</p>				<p>1 10-12 Nutrition & Me Centre Closed at 1 <i>Big Mac Casserole</i> <i>Oatmeal Cookies</i></p>
<p>4 Centre Closed</p>	<p>5 Sign Up Day 9-12 Drop-in 10-11:30 Book Club 1-2:30 Bingo \$3</p>	<p>6 10-12 Rug Hooking/ Knitting/Crocheting 1-3 Mindfulness 1-3 JunkJournal/DD's</p>	<p>7 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping</p>	<p>8 10-12 Nutrition & Me Centre Closed at 1 <i>Chicken Fajitas</i> <i>Apple Pie Bites</i></p>
<p>11 Closed for Remembrance Day</p>	<p>12 9-12 Drop-in 10-11:30 Book Club 1-3 Random Act of Kindness Craft</p>	<p>13 10-12 Rug Hooking/ Knitting/Crocheting 10-12 Mindfulness 1-3 JunkJournal/DD's</p>	<p>14 9-12 Drop-in 10-12 Art Class 1-2:30 Bingo \$3</p>	<p>15 10-12 Nutrition & Me Centre Closed at 1 <i>Baked Pizza Tortellini</i> <i>Éclair Cake</i></p>
<p>18 Centre Closed</p>	<p>19 9-12 Drop-in 10-11:30 Book Club 1-2:30 Bingo \$3</p>	<p>20 10-12 Rug Hooking/ Knitting/Crocheting 10-12 Mindfulness 1-3 JunkJournal/DD's</p>	<p>21 9-12 Drop-in 10-12 Art Class 1-3 Christmas at the Market</p>	<p>22 10-12 Nutrition & Me Centre Closed at 1 <i>Shepherds Pie Soup</i> <i>Macaroons</i></p>
<p>25 Centre Closed</p>	<p>26 9-12 Drop-in 10-11:30 Book Club 1-3 Bowling \$3</p>	<p>27 10-12 Rug Hooking/ Knitting/Crocheting 10-12 Mindfulness 1-3 JunkJournal/DD's</p>	<p>28 9-12 Drop-in 10-12 Art Class 1-3 Trivia</p>	<p>29 10-12 Nutrition & Me Centre Closed at 1 <i>Chicken Quesadilla</i> <i>PB Cup Brownies</i></p>