



CAPITAL REGION  
MENTAL HEALTH & ADDICTIONS

# Loss Support Group



**Starting September 15th, 2022**

Fredericton/Oromocto

This is a 8 session support group for those who have experienced a loss and are on a grief & mourning journey.



**Meetings will be held in-person  
6:30pm to 8:30pm**

To register please contact us  
Phone: (506) 206-0082  
Email: [tami.bovaird@crmhaa.ca](mailto:tami.bovaird@crmhaa.ca)

**Please note that if schools are closed sessions will be held the following Tuesday.**