

Fruit and Veggie Bags

Money due November 2nd
 Delivery November 9th

REACH CALENDAR OF EVENTS

NOVEMBER 2023

Capital Region Mental Health & Addictions (REACH CENTRE)

Reception: (506) 452-2753
 Activity Room: (506) 451-8414

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10-12 Rug Hooking, Knitting, Crocheting 1-3 Scrap Booking	2 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping	3 10-12 Nutrition & Me Centre Closed at 1
6 10-12 Craft 1-3 Diamond Dotz	7 SIGN UP DAY 9-12 Drop-in 1-2:30 Bingo \$2	8 10-12 Rug Hooking, Knitting, Crocheting 1-3 Scrap Booking	9 9-12 Drop-in 10-12 Art Class 1-3 Cat Cafe	10 10-12 Nutrition & Me Centre Closed at 1
13 Closed in lieu of Remembrance Day	14 9-12 Drop-in 1-3 Bowling	15 10-12 Rug Hooking, Knitting, Crocheting 1-3 Scrap Booking	16 9-12 Drop-in 10-12 Art Class 1-3 Christmas at the Market	17 10-12 Nutrition & Me Centre Closed at 1
20 10-12 Craft 1-3 Diamond Dotz	21 9-12 Drop-in 1-2:30 Bingo \$2	22 10-12 Rug Hooking, Knitting, Crocheting 1-3 Scrap Booking	23 9-12 Drop-in 10-12 Art Class 1-3 Walk at Grant Harvey	24 10-12 Nutrition & Me Centre Closed at 1
27 10-12 Craft 1-3 Diamond Dotz 1-3 Candy Gram Sales	28 9-12 Drop-in 1-3 Movie	29 10-12 Rug Hooking, Knitting, Crocheting 1-3 Scrap Booking	30 9-12 Drop-in 10-12 Art Class 1-2:30 Bingo \$2	