



CAPITAL REGION
MENTAL HEALTH & ADDICTIONS

Loss Support Group

Fredericton/Oromocto

This is an 8 session monthly support group for those who have experienced a loss and are on a grief & mourning journey.



**Sessions scheduled on the
3rd Thursday of each month**



**Sessions held in-person
6:30pm to 8:30pm**

To register, please contact us:

Phone: (506) 206-0082

Email: tami.bovaird@crmhaa.ca

Please note that if schools are closed sessions will be held the following Tuesday.