

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>Feb. 2023 REACH Calendar of Events</h1> <p>Note: If local schools are closed due to weather REACH programs are cancelled.</p>				Capital Region Mental Health & Addictions (REACH CENTRE) Reception: 452-2753 Activity Room 451-8414
	Fruit and veggie money due by Feb 2 - \$ 15.00 Delivery Feb 9th	1 10-12 Knitting & Crocheting 1:30-3 Rug Hooking	2 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping	3 10-12 Nutrition & Me Centre Closed at 1:00
6 10-12 Craft Class 1-3 Diamond Dotz	7 9-12 Drop-in 12 Pizza \$1.00/slice SIGN-UP NECESSARY 1-2:45 Bingo \$2.00	8 10-12 Knitting & Crocheting 10 REACH TOUR 1:30-3 Rug Hooking	9 9-12 Drop-in 10-12 Art Class 1-3 Cat Café \$2.00	10 10-12 Nutrition & Me Centre Closed at 1:00
13 10-12 Craft Class 1-3 Diamond Dotz	14 9-12 Drop-in 10 Valentine's Tea 1-2:45 Bingo \$2.00	15 10-12 Knitting & Crocheting 1:30-3 Rug Hooking	16 9-12 Drop-in 10-12 Art Class 1-3 Bingo \$2.00	17 10-12 Nutrition & Me Centre Closed at 1:00
20 Centre Closed Family Day	21 9-12 Drop-in 10 Birthday Cake 1-2:45 Bingo \$2.00	22 10-12 Knitting & Crocheting 1:30-3 Rug Hooking	23 9-12 Drop-in 10-12 Art Class 1-3 Movie	24 10-12 Nutrition & Me Centre Closed at 1:00
27 Centre Closed	28 9-12 Drop-in 10 Sign-up 1-2:45 Bingo \$2.00	MARCH 1st Advance Notice SLEIGH RIDE \$ TBD Payment required to save a seat		Sign-up required for Thursday activities at least 24 hours in advance