



How to Make a Bar of Soap

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INGREDIENTS

- 1 lb melt and pour soap (cut into small cubes)
- 1/2 cup of oat flour
- 2 tbsp pink clay
- 1 tbsp raw honey
- 2 tbsp jojoba oil (olive oil will work too)

INSTRUCTIONS

1. Gather and measure out all of your ingredients. If you don't have a silicone soap mold, line a loaf pan with parchment paper.
2. Melt your soap in the microwave in 30 second intervals, stirring in between OR make a double boiler on the stove top. If using the double boiler method it will take about 10 minutes for your soap to melt. It is much faster in the microwave but make sure you don't burn it.
3. Once soap is fully melted, stir in all of the ingredients (oats, clay, honey and jojoba oil) until well combined.
4. Pour your soap batter into your mold and smack against the counter a couple times to release any air bubbles. Top with rolled oats, if desired. Allow to sit for a few hours to harden (or place in the refrigerator for 1 hour if in a rush).
5. Cut your soap into desired pieces. A soap mold can usually do about 6-8 small pieces or in a loaf pan you can usually get about 3-4 bigger pieces.
6. Store your soap in a paper bag in a dark place indefinitely. They will not go bad.