



Capital Youth Hub

April 2025

SUN	MON	TUE	WED	THU	FRI	SAT
-	-	1  Art Club 4:00 - 6:00 pm Open Hours 3:00 - 6:00 pm	2  Open Hours 3:00 - 6:00 pm	3  Origami & Paper Crafts Open Hours 3:00 - 6:00 pm	4	5
6	7	8  Art Club 4:00 - 6:00 pm Open Hours 3:00 - 6:00 pm	9  Open Hours 3:00 - 6:00 pm	10  Low Sensory Open Hours 3:00 - 6:00 pm	11	12
13	14	15  Art Club 4:00 - 6:00 pm Open Hours 3:00 - 6:00 pm	16  Open Hours 3:00 - 6:00 pm	17  Speed Friending Open Hours 3:00 - 6:00 pm	18 CRMHAA Closed for Good Friday	19
20	21 CRMHAA Closed for Easter Monday	22  Art Club 4:00 - 6:00 pm Open Hours 3:00 - 6:00 pm	23  Low Sensory Open Hours 3:00 - 6:00 pm	24  Open Hours 3:00 - 6:00 pm	25	26
27	28	29  Art Club 4:00 - 6:00 pm Open Hours 3:00 - 6:00 pm	30  DIY Stress Balls Open Hours 3:00 - 6:00 pm	-	-	-

**Open Hours are for youth aged 11-18. During Open Hours our Youth Hub staff are available to assist with mental health and wellness resource navigation and homework. Daily activities will be offered and a basic needs pantry will also be available.