



CAPITAL YOUTH HUB

FEBRUARY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	ART Art Club 3-5 Open Hours 2:30-5:30	3	4	5	6	
8	9	10 Art Club 3-5 Open Hours 2:30-5:30	11	12	13	14 Happy Valentine's Day	
15	16 CRMHAA Closed for Family Day	17 Art Club 3-5 Open Hours 2:30-5:30	18 Game Design 101 (3) 3-5 Open Hours 2:30-5:30	19	20	21	
22	23	24 Art Club 3-5 Open Hours 2:30-5:30	25 Board Game Jam (4) 3-5 Open Hours 2:30-5:30	26	27	28	
<p>Game Design 101</p> <p>Design your own board game, from theme & pieces to writing a rulebook!</p>		<p>Low Sensory Space 2:30-5:30 Young Adult Drop In 3-5 Open Hours 2:30-5:30</p>		<p>Low Sensory Space 2:30-5:30 Young Adult Drop In 3-5 Open Hours 2:30-5:30</p>		<p>Low Sensory Space & Adult Drop In</p> <p>Come chat with friends or staff in a safe, warm spot, and enjoy a free coffee, tea, or cocoa.</p>	

*Open Hours are for ages 11 - 18. During Open Hours, our staff are available to assist with mental health wellness and resource navigation. Activities are held Tuesdays, Wednesdays, and Thursdays, and clients can access our food and self-care pantries.



**Scan this QR code to see our Amazon Wishlist!

