

Fruit and Veggie Bags

Order due August 1st

Delivery August 8th


R.E.A.C.H. CALENDAR OF EVENTS

August 2024

Capital Region Mental Health & Addictions (REACH CENTRE)

Reception: (506) 452-2753

Cell Phone: (506) 998-1665

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEMBERS ARE REQUIRED TO SIGN UP FOR ACTIVITIES THAT THEY WOULD LIKE TO PARTICIPATE IN.</p>			<p>1 9-12 Drop-in 10-12 Art Class 1-3 Thrift Store Shopping</p>	<p>2 10-12 Nutrition & Me Centre Closed at 1</p>
<p>5 Centre Closed for New Brunswick Day</p>	<p>6 Sign Up Day 9-12 Drop-in 10-11:30 Book Club 1-2:30 Bingo \$3</p>	<p>7 Trip to St. Andrews Leave at 9am, \$20</p>	<p>8 Centre Closed</p>	<p>9 10-12 Nutrition & Me Centre Closed at 1</p>
<p>12 10-12 Lucenda Richard Reiki 1-3 Knitting, Rug Hooking, Crocheting 1-3 Diamond Dotz, Junk Journaling</p>	<p>13 9-12 Drop-in 10-11:30 Book Club 1-3 Craft</p>	<p>14 Centre Closed</p>	<p>15 9-12 Drop-in 10-12 Art Class 1-3 Walk at Killarney</p>	<p>16 Sussex Flea Market Leave at 9am, \$20</p>
<p>19 10-12 Mindfulness 1-3 Knitting, Rug Hooking, Crocheting 1-3 Diamond Dotz, Junk Journaling</p>	<p>20 9-12 Drop-in 10-11:30 Book Club 1-3 Rummoli Tournament</p>	<p>21 Trip to Mactaquac Picnic Lunch, \$5</p>	<p>22 9-12 Drop-in 10-12 Art Class 1-2:30 Bingo \$3</p>	<p>23 10-12 Nutrition & Me Centre Closed at 1</p>
<p>26 10-12 Mindfulness 1-3 Knitting, Rug Hooking, Crocheting 1-3 Diamond Dotz, Junk Journaling</p>	<p>27 9-12 Drop-in 10-11:30 Book Club 1-2:30 Bingo \$3</p>	<p>28 Trip to Aboiteau Beach Leave at 9am, \$20</p>	<p>29 9-12 Drop-in 10-12 Art Class 1-3 Movie</p>	<p>30 10-12 Nutrition & Me Centre Closed at 1</p>