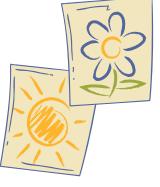




CAPITAL YOUTH HUB

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-	CRMHAA Closed for the Holidays	-	-	1	2	3
4	WELCOME BACK!	5 	6 	7 	8 	9
11	12 	13 	14 	15 	16	17
18	19 	20 	21 	22 	23	24
25	26 	27 	28 	29 	30	31 

*Open Hours are for youth ages 11 - 18. During Open Hours, our Youth Hub staff are available to assist with mental health wellness and resource navigation. Daily activities will be offered and a basic needs pantry will also be available.



**Scan this QR code to see our Amazon Wishlist!

