



How to Make a Candle

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INGREDIENTS

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- 6 cups soy wax flakes
- natural wicks (anchors optional)
- 80–120 drops of essential oil (I used lavender, grapefruit and eucalyptus)

Other supplies:

- 8 ounce mason jars (or jars of choice)
- wood stirring device
- pens or chopsticks for securing wicks

INSTRUCTIONS

1. Melt soy wax in a pot over low-medium heat. They should melt fairly easily but turn up heat slightly if taking more than a few minutes. Stir using wood stirring device (I used a chopstick)
2. Once melted, add 80-102 drops of your favorite essential oils. Amount depends on type of essential oils and how potent they are.
3. Anchor wicks to bottom of mason jars using a bit of wax.
4. Tape wick upright to a horizontal chopstick or pen (see picture above).
5. Pour wax into mason jar and then repeat until all jars are full. Depending on size of mason jars you may have some wax leftover.
6. Let stand until solid (about 1 hour).
7. Cut wick to desired length